VANDERBILT ADHD DIAGNOSTIC PARENT RATING SCALE

Child’s Name: ________________________________ Today’s Date: _______________________
Date of Birth: ____________________ Age: ____________________
Grade: ________________________________

Each rating should be considered in the context of what is appropriate for the age of your child.

Frequency Code: 0 = Never 1 = Occasionally 2 = Often 3 = Very Often

1. Does not pay attention to details or makes careless mistakes, for example homework 0 1 2 3
2. Has difficulty sustaining attention to tasks or activities 0 1 2 3
3. Does not seem to listen when spoken to directly 0 1 2 3
4. Does not follow through on instructions and fails to finish schoolwork (not due to oppositional behavior or failure to understand) 0 1 2 3
5. Has difficulty organizing tasks and activities 0 1 2 3
6. Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort 0 1 2 3
7. Loses things necessary for tasks or activities (school assignments, pencils or books) 0 1 2 3
8. Is easily distracted by extraneous stimuli 0 1 2 3
9. Is forgetful in daily activities 0 1 2 3
10. Fidgets with hands or feet or squirms in seat 0 1 2 3
11. Leaves seat when remaining seated is expected 0 1 2 3
12. Runs about or climbs excessively in situations when remaining seated is expected 0 1 2 3
13. Has difficulty playing or engaging in leisure/play activities quietly 0 1 2 3
14. Is “on the go” or often acts as if “drive by a motor” 0 1 2 3
15. Talks too much 0 1 2 3
16. Blurs out answers before questions have been completed 0 1 2 3
17. Has difficulty waiting his/her turn 0 1 2 3
18. Interrupts or intrudes on others (e.g., butts into conversations or games) 0 1 2 3
19. Argues with adults 0 1 2 3
20. Loses temper 0 1 2 3
21. Actively defies or refuses to comply with adults’ requests or rules 0 1 2 3
22. Deliberately annoys people 0 1 2 3
23. Blames others for his or her mistakes or misbehaviors 0 1 2 3
24. Is touchy or easily annoyed by others 0 1 2 3
25. Is angry or resentful  0  1  2  3
26. Is spiteful and vindictive  0  1  2  3
27. Bullies, threatens, or intimidates others  0  1  2  3
28. Initiates physical fights  0  1  2  3
29. Lies to obtain goods for favors or to avoid obligations (i.e., “cons” others)  0  1  2  3
30. Is truant from school (skips school) without permission  0  1  2  3
31. Is physically cruel to people  0  1  2  3
32. Has stolen items of nontrivial value  0  1  2  3
33. Deliberately destroys others’ property  0  1  2  3
34. Has used a weapon that can cause serious harm (bat, knife, brick, gun)  0  1  2  3
35. Is physically cruel to animals  0  1  2  3
36. Has deliberately set fires to cause damage  0  1  2  3
37. Has broken into someone else’s home, business, or car  0  1  2  3
38. Has stayed out at night without permission  0  1  2  3
39. Has run away from home overnight  0  1  2  3
40. Has forced someone into sexual activity  0  1  2  3
41. Is fearful, anxious, or worried  0  1  2  3
42. Is afraid to try new things for fear of making mistakes  0  1  2  3
43. Feels worthless or inferior  0  1  2  3
44. Blames self for problems, feels guilty  0  1  2  3
45. Feels lonely, unwanted, or unloved: complains that “no one loves him/her”  0  1  2  3
46. Is sad, unhappy, or depressed  0  1  2  3
47. Is self-conscious or easily embarrassed  0  1  2  3
## PERFORMANCE

<table>
<thead>
<tr>
<th>Problematic</th>
<th>Average</th>
<th>Above Average</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Overall Academic Performance</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Reading</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>b. Mathematics</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>c. Written Expression</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
</tbody>
</table>

## PERFORMANCE

<table>
<thead>
<tr>
<th>Problematic</th>
<th>Average</th>
<th>Above Average</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2. Overall Classroom Behavior</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Relationship with peers</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>b. Following Directions/Rules</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>c. Disrupting Class</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>d. Assignment Completion</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
<tr>
<td>e. Organizational Skills</td>
<td>1 2 3 4 5</td>
<td></td>
</tr>
</tbody>
</table>

**Scoring Instructions for the ADTRS**

*Predominately inattentive subtype* requires 6 or 9 behaviors, (scores of 2 or 3 are positive) on items 1 through 9, and a performance problem (scores of 1 or 2) in any of the items on the performance section.

*Predominately hyperactive/Impulsive subtype* requires 6 or 9 behaviors (scores of 2 or 3 are positive) on items 10 through 18 and a problem (scores of 1 or 2) in any of the items on the performance section.

*The Combined Subtype* requires the above criteria on both inattention and hyperactivity/impulsivity.

*Oppositional-defiant disorder* is screened by 4 of 8 behaviors, (scores of 2 or 3 are positive) (19 through 26).

*Conduct disorder* is screened by 3 of 15 behaviors, (scores of 2 or 3 are positive) (27 through 40).

*Anxiety or depression* are screened by behaviors 41 through 47, scores of 3 of 7 are required, (scores of 2 or 3 are positive).